

“I Want a Whole Heart”

“Whole Heart --- I want a whole heart.” This prayer request is shared by many who participate in Care Net’s Forgiven and Set Free Bible Study. This study provides a safe, confidential environment for women to work through the grief, pain, and sorrow of a past abortion decision and become free. Care Net’s Whole Heart program exists to bring healing to the brokenhearted and to provide hope to those held captive by post-abortion stress so that women, men and families may be transformed to live in God’s freedom.

At the first session most of the dialog comes from the facilitators. Each facilitator has her own story that will be shared over the course of 10 weeks. Those life stories bring answers to lingering questions and a hope of restoration with self, family and God.

Whole Heart’s name was derived from the descriptions of participants themselves. As women describe, in word pictures or in drawings, the outcome they are seeking through participating in Whole Heart, they often draw or describe an image involving a heart. Where her heart was whole before the abortion it is now missing pieces, cracked, or just a black hole. Many who have experienced abortion are brokenhearted and held captive to this dark place in their life.

There are many brokenhearted and captive women and men walking among us and many are in our churches, silently grieving. More than one in three American women will have experienced an abortion by age 45.* Often these women acknowledge understanding that God has forgiven them; however, many have difficulty embracing that truth within their own hearts. They often cannot forgive themselves. Through the study of God’s word, His truth and forgiveness does set free those who are captive and heal those who are brokenhearted.

We have witnessed mended hearts and new found freedom through participating in Whole Heart’s Forgiven and Set Free study. If this is the cry of your heart, please consider joining our spring Whole Heart group for women. Help is also available for men and family members who are experiencing emotional turmoil following an abortion. All contact is free, confidential and non-judgmental. For more information or to register for this group contact Cassie Mott at 608-259-1605 ext 204 or wholeheart@carenetdane.org or visit www.carenetdane.org.



* Alan Guttmacher Institute,
www.alanguttmacher.org, *An Overview of
Abortion in the United States, January 2008*