

Alternatives

YOUR QUARTERLY NEWSLETTER FROM CARE NET

A Day in the Life of Care Net

6:00 a.m. The Elizabeth House: Jamie* has her bottle and Bethany* is eating cereal

6:30 a.m. Bus rides begin taking moms to work, babies to child care

9:00 a.m. Group prayer with nurses, office staff, volunteers

9:30 a.m. First pregnancy test of the day

10:00 a.m. Nursing students arrive for a tour. Upon receiving a client's permission, they remain in the room as she sees her baby for the first time on the ultrasound screen. Her partner exclaims, "I'm going to be a dad!"

Meanwhile ... Care Net's volunteer Nurse Practitioner is busy seeing clients for STI testing and follow-up treatment. Today's reception volunteer takes a call, schedules an appointment, and then receives a donation of baby books and blankets. In The Elizabeth House, the residents who have not left for work or school meet with Care Net's Parenting Education Specialist. One resident is going over a list of questions to ask the pediatrician and another is showing how little Sara* can already roll over!

11:30 a.m. A group from a local high school gathers in the reception area for a tour and to learn more about Care Net's services.

1:00 p.m. The door buzzes and a walk-in client begins to fill out paperwork. A volunteer is helping with a mailing, while another volunteer is emailing an immediate prayer request, "ERRUPT," for a client seen earlier in the day who is considering an abortion because she is too scared to tell her mom.



"Mmmm, good breakfast!"

3:00 p.m. Sandy* arrives back at The Elizabeth House with house staff and groceries. Sandy is on the roster to cook this afternoon, and there will be ten for supper at 5:00 pm. Timing is important; no one wants to miss the 6:30 pm nutrition class.

Meanwhile ... Labs are being completed downstairs and scans emailed to our volunteer OB/GYN consultant. Cookies are baking in the community room for the Women's group visiting tonight.

4:15 p.m. Our finance assistant arrives to review recent audits and pay invoices.

7:30 p.m. Back upstairs, Janet* has rocked on the exercise ball all through the nutrition class, hoping labor will start soon.

9:00 p.m. A baby is being rocked back to sleep while a few tired residents and house staff are enjoying a bit of television.

10:00 p.m. Lights out at The Elizabeth House, whispered prayers of thanksgiving.

** Fictitious names to protect privacy.*

CARE  NET[®]

Pregnancy Center Of Dane County

From My Heart

I was buried in paperwork, so completely focused on the task before me that it took me a while to realize someone was standing at my door. I looked up to see the glowing smile of a resident from The Elizabeth House. She was wearing the crisp blue cap and gown signifying her high school graduation.

Thoughts of budgets and audits faded from my mind as I stood up and crossed the room to embrace and congratulate her. Another staff member was present, and the three of us together drank in the beauty of that moment. Our visit was soon over, but the wonder of what had just happened lingered. This was more than simply a young woman working hard, making sacrifices so that her baby not yet born could enjoy a better life. This was the birth of hope.

The clients you help with your gifts, your prayers, your time—they often come to us devoid of hope. Many of them have endured years of verbal abuse—cruel and degrading words repeatedly hurled at them, until they’ve come to believe those painful messages deep inside. Some have come from physically abusive relationships.

Our mission (and our privilege) is to reframe that picture in their mind, and allow them to see Jesus encouraging and cheering them on, loving them unconditionally, ready to help them realize their dreams and goals, empowering them to become the mother many of them never knew.

Years ago I received a hand-written note from a woman in leadership that left an indelible mark on my heart. I saved this note and pulled it out whenever I needed an earthly reminder. In it she penned these words: “I believe God wants all women to excel ...”

Finding hope. Empowering a better tomorrow. That’s what Care Net is all about.

Purpose Driven,



“When God created me He was showing off!”

New Friends

We love making new friends! Care Net recently began new relationships with the following churches:

- Iglesia Restauración y Vida under the direction of Reverend Pedro Ruíz
- Light House Central Church with Pastor Jose Dominguez
- True Worshipper Community Church with Pastor Larry Jackson
- Truth in Christ Ministries with Pastor Jim Monroe

The people of these congregations have joined the team of over 130 churches who support Care Net with their prayers, time and resources. Strengthening our partnerships with churches is also critical because over 80 percent of our clients come to Care Net by way of personal referrals, so the more people who know about Care Net, the more we fulfill our mission of offering help, hope and healing through medical services, education, a residential program and ongoing support.



Bible Study group from Light House Central.

“Each one should use whatever gift he has received to serve others, faithfully administering God’s grace in its various forms.”
1 Peter 4:10 (NIV)

What gift(s) has God given you? Visit Care Net on the second Wednesday of the month and learn how you can use your God given talents to help Care Net honor life by providing services that meet the needs of individuals facing pregnancy and sexual health issues. Each evening begins with a tour at 6:00 p.m. and is followed by a short presentation about our programs and services and how volunteers make a huge difference.

Keeping Score:

A Report on Care Net's Annual Golf Fundraising Event May 17

64 golfers, 13 new golfers,
8 volunteers, 4 staff
36 business sponsors
\$35,000+ raised
\$2,775 raised in Silent Auction
18 amazing daily devotions
sent to golfers prior to the event
64 degrees and no rain!

2 golfers raised \$6,000
combined in pledges: Jeff
Crooks & Randy Olson!

4 golfers raised between \$1250 and \$2449 each: Mike Mott, Bill Paulson,
Michael Bingham, Nelson Flynn

5 golfers raised between \$650 and \$1249 each: David Thompson,
Joel Alberti, George Oehrlein, Dave Norby, Doug Koehler



Saving lives with a round of golf!

First Place Team: Bill Paulson, Todd Draws, Dave Paulson,
Dennis Poffenberger

Second Place Team: Marc Maillefer, Marc McDowell, Patrick and
David Koehler

[Visit caretndane.org/friends/golf.html](http://www.caretndane.org/friends/golf.html) to learn more.

Reasons to Rejoice!

Two abortion vulnerable teens chose to carry to term this week after
having an Ultrasound

Two residents of Care Net's residential program, The Elizabeth House,
graduated from high school in May

Six students from New Horizons High School came to tour Care Net
and learned how our services are FREE and Confidential.

MATC's Early Education student organization did a fundraiser for
The Elizabeth House and brought a Pack and Play full of baby supplies!

Over 60 people learned how Care Net's abstinence education program,
LifeWise, has and is impacting young people in and around Dane County!



Success for this generation and the next....Thanks Mom!



Steinhafel's generously donated over \$3,000 worth of furniture to The Elizabeth House. Staff and members of "The Vine" graciously helped unload the 26' truck full of beautiful new furniture. Upon graduating from The Elizabeth House residents have the opportunity to pick a major piece of furniture to help them furnish their new homes. Thank you Steinhafel's and members of the Vine!

Our Story in Numbers

January – May 2011

Total Clients: 318

Careline Calls: 593

Men: 48

Community Connections



Every volunteer makes a difference here at Care Net! Thanks much for all you do!



Teams from Blackhawk serving with Love!

More photos at [CareNetDane.org/friends](http://www.CareNetDane.org/friends).

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www.carenetdane.org/friends

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- Dr. Mike Wilson
Volunteer Medical Director
- Dr. Karla Dickmeyer
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Abby's* smile filled the room as she came to introduce us to Jaxon*. Using Care Net's education program, "Earn While You Learn," and with a Care Net nurse walking with her through her pregnancy, Abby was confident and prepared for Jaxon's arrival!

**Names have been changed for privacy*



Save the Date

Care Net's Annual Fund
 Raising Banquet will be
Thursday, November 3, 2011.
 Will you plan on hosting a table?
 Please call 259-1606 ext. 218.